

Aspens

of CastlePeak
Transition to wellness.

Private suites to recover quickly
Premier therapy and skilled nursing on site
Hotel-style hospitality



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Planning for Your Surgery

We welcome you to visit us before your surgery, see your suite and meet staff and therapists for a seamless hospital-to-Aspens transition.

If you check-in at Aspens the evening before surgery, complimentary transportation will take you round trip to the hospital the morning of your surgery and back to Aspens when you are discharged.

Schedule a Tour or Stay

To schedule your personal tour or to pre-register your stay with us, please visit:

www.CastlePeak.org/Aspens to use the secure contact form. Or, you are welcome to simply call us at 970-989-2500.

Recover in the mountains you love.



Senior Life · Rehabilitation

by AugustanaCare

Assisted Living · Memory Care
Short-Term Rehab · Long-Term Care
Aspens of Castle Peak

Private suites to recover quickly with premier therapy on site, surrounded by hotel-style hospitality

Aspens is the recovery “bridge” between hospital and home.

A lovely, private suite is fully furnished.

Your spouse or caregiver is welcome as our guest, too.

Our concierge is ready to help with nearly anything you need.

Aspens of Castle Peak is within walking distance of Eagle Ranch Village shopping, restaurants and entertainment.

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Relax, Restore, Rejuvenate

- Concierge
- Salon and barber
- Life enrichment events
- Group trips
- Social hour
- Interdenominational services

Fitness center and classes:

- Exercise Essential for Better Balance
- Indoor walking group
- Core & Upper Body Strength
- Chair Yoga
- Chair Pilates
- Qi Gong

A Taste of Aspens

- Chef Marty creates a delicious menu using fresh, seasonal ingredients, locally sourced as available.
- Attention to special diets
- Well-appointed dining room
- Room service option

Relax with Early Check-in

You and your spouse or caregiver can check-in the day before surgery, meet staff, unpack your belongings, enjoy our amenities and relax. Everything will be ready for you post-surgery.

Plus, if you check-in at Aspens the evening before surgery, our complimentary transportation will take you round trip to the hospital the morning of your surgery and back to Aspens when you are discharged.

Your Recovery

Bridging the gap between hospital and home requires the latest technology, clinical expertise, caring support and a holistic environment:

- Physical, occupational and speech therapies on site
- Therapy gym with occupational therapy kitchen
- Fitness center open 24/7
- Indoor and outdoor walking areas
- Music therapy
- Skilled nursing and personal care attendants
- Discharge coordination



In the Neighborhood

Eagle Ranch Village is a walkable neighborhood of shops, restaurants, recreation and entertainment, just across the street from Aspens of Castle Peak:

Recreation

- Brush Creek Park and Pavilion
- Capitol Theatre (cinema)
- Eagle Ranch Golf Course
- Eagle Ranch Wine & Spirit

Restaurants

- 7 Hermits Brewing Company
- Color Coffee Roasters
- Dusty Boot Steakhouse and Saloon
- Luigi's Pasta House

Health & Fitness

- Endorphin (health club)
- Evolve Spa and Boutique
- Howard Head Sports Medicine
- Yoga Off Broadway

Suite Rate, per day

\$185.00

Your suite amenities and services:

- Furnished suite for one or two people
- Three chef-prepared meals daily with menu choices and room service for one or two people
- In-suite emergency call system
- Use of all community spaces including 24-hour fitness center, community room, living room, club room, lounges, outdoor courtyard, patios, walking paths
- Licensed nurse available Monday through Friday, 8:00 am to 4:00 pm
- Castle Peak care staff are available 24/7
- Access to on-site rehabilitation with therapists providing door-to-door services
- All utilities including telephone, WiFi, satellite television and USA long-distance calling
- Daily maid service and weekly housekeeping
- Laundry service for linens and towels
- Laundry room nearby for personal clothing
- Life enrichment events daily for many interests and scheduled group trips

Therapy, Nursing and Care

A la carte services available for additional fees:

- On-site physical, occupational and speech therapy services
- Overnight comfort checks
Comfort checks are for well-being and reassurance.
- Shower stand by assistance
Does not include assistance with personal hygiene, dressing or grooming.
- Bathroom use assistance
- Transfer assistance with one care staff
Transfer assistance helps a person move from the bed to the chair, etc. A transfer belt is used for safety.
- Medication administration for post-op prescriptions only, signed by surgeon
Client is to supply medication.
- Personal laundry service
Castle Peak staff will wash, dry, fold or hang and deliver your clothing to your suite.
- Transportation post-surgery from hospital to Aspens